



Sherwood Colliery Swimming Club - Robin Hood Open Meet

12th & 13th September 2020 – Ponds Forge (50m pool) Sheffield



(Under Swim England Regulations and Technical Rules)
Licensed Level 3EM200795



Qualifying Standards 25m Pool:

Entry times will be verified against ranking (any level of meet) unless no entry time is available in which case an estimated time may be submitted. Times faster than those below will be rejected.

Level 3 Licensed Meet - ALL TIMES ARE UPPER LIMITS (i.e. not faster than)								
BOYS								
EVENT	9	10	11	12	13	14	15	16/over
50m Freestyle	33.7	31.7	30.2	28.5	27.1	26.1	25.3	24.9
100m Freestyle	1:13.4	1:09.2	1:04.4	1:01.0	57.9	55.9	54.7	53.7
200m Freestyle	2:42.2	2:29.2	2:20.8	2:12.4	2:05.9	2:01.4	1:58.7	1:56.6
400m Freestyle		5:13.3	4:53.5	4:37.1	4:24.7	4:16.6	4:10.7	4:06.6
50m Breaststroke	43.9	41.8	39.3	36.8	34.5	33.2	32.0	31.3
100m Breaststroke	1:35.9	1:31.1	1:28.7	1:18.7	1:13.8	1:10.9	1:08.7	1:07.2
200m Breaststroke	3:30.1	3:14.4	3:01.0	2:49.9	2:39.8	2:33.2	2:29.0	2:26.7
50m Butterfly	39.3	35.6	33.5	31.70	29.9	28.7	27.6	27.1
100m Butterfly	1:28.7	1:21.2	1:13.9	1:09.0	1:04.9	1:02.0	1:00.0	59.00
200m Butterfly	3:26.0	2:57.5	2:41.5	2:31.8	2:23.3	2:17.3	2:11.7	2:10.3
50m Backstroke	39.3	36.7	34.8	33.0	31.0	30.0	29.0	28.2
100m Backstroke	1:23.6	1:19.9	1:13.8	1:09.4	1:05.4	1:02.6	1:00.7	59.7
200m Backstroke	2:51.4	2:47.3	2:36.9	2:27.9	2:19.9	2:14.3	2:10.7	2:08.6
200m Individual Medley	3:09.7	2:51.5	2:39.8	2:30.9	2:23.5	2:17.3	2:13.8	2:11.8
GIRLS								
EVENT	9	10	11	12	13	14	15	16/over
50m Freestyle	33.7	32.0	30.6	29.2	28.5	28.1	27.6	27.4
100m Freestyle	1:13.4	1:10.3	1:05.6	1:02.2	1:00.8	59.8	59.2	58.7
200m Freestyle	2:41.7	2:29.4	2:21.7	2:13.6	2:10.2	2:08.4	2:06.9	2:06.1
400m Freestyle		5:17.5	4:52.9	4:37.9	4:31.3	4:28.0	4:24.6	4:24.1
50m Breaststroke	43.9	41.8	39.3	37.1	35.9	35.2	34.7	34.5
100m Breaststroke	1:35.9	1:31.4	1:24.1	1:19.6	1:16.6	1:14.6	1:13.9	1:13.8
200m Breaststroke	3:29.1	3:14.0	3:00.4	2:50.5	2:44.3	2:40.9	2:39.4	2:39.1
50m Butterfly	36.7	35.5	33.8	32.0	31.1	30.5	30.0	29.9
100m Butterfly	1:27.2	1:20.9	1:14.1	1:09.6	1:07.5	1:05.9	1:05.4	1:05.1
200m Butterfly	3:24.0	2:59.5	2:43.0	2:32.4	2:27.3	2:23.7	2:21.6	2:21.1
50m Backstroke	39.3	36.6	34.7	33.2	32.2	31.6	31.3	31.0
100m Backstroke	1:27.2	1:19.7	1:13.8	1:09.6	1:07.5	1:06.4	1:05.4	1:05.1
200m Backstroke	2:53.4	2:48.4	2:38.6	2:27.9	2:28.0	2:22.0	2:19.6	2:18.6
200m Individual Medley	3:05.6	2:50.8	2:39.4	2:31.2	2:27.6	2:24.9	2:23.3	2:22.6