Tony Holmes Open Meet - Morning Warm up schedule

Warm up 1 - 8.30 - 8.43 Girls

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote	10	10	10	6				
Radford				4	10	10		
Derby Phoenix								
Carlton Forum							11	11
Hucknall & Linby								
Kimberley								
Ripley								
Notts Northern								
Nottingham Leander								

Warm up 2 -8.45 - 8.58 Girls

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote								
Radford								
Derby Phoenix	1							
Carlton Forum								
Hucknall & Linby	6							
Kimberley	3							
Ripley		7	10	11				
Notts Northern		3						
Nottingham Leander					11	11	11	11

Warm up 3 - 9.00 - 9.13 Boys plus Leander Mixed

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote								
Radford								
Derby Phoenix								
Carlton Forum								
Hucknall & Linby								
Kimberley								
Ripley								
Notts Northern								
Nottingham Leander	10	10	10	10	10	10	10	8

Warm up 4 9.15 -9.28 Boys

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote	11	11						
Radford			10	9				
Derby Phoenix								
Carlton Forum					5	7		
Hucknall & Linby					5			
Kimberley								8
Ripley							11	
Notts Northern								1
Nottingham Leander								

Tony Holmes Open Meet - Afternoon Warm up Schedule

Warm up 1 13.00 -13.13 Boys

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote	11	11						
Radford			10	9				
Derby Phoenix								
Carlton Forum					5	7		
Hucknall & Linby					5			
Kimberley								8
Ripley							11	
Notts Northern								1
Nottingham Leander								

Warm up 2 13.15 - 13.28 Boys plus Leander Mixed

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote								
Radford								
Derby Phoenix								
Carlton Forum								
Hucknall & Linby								
Kimberley								
Ripley								
Notts Northern								
Nottingham Leander	10	10	10	10	10	10	10	8

Warm up 3 13.30 - 13.43 Girls

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote								
Radford								
Derby Phoenix	1							
Carlton Forum								
Hucknall & Linby	6							
Kimberley	3							
Ripley		7	10	11				
Notts Northern		3						
Nottingham Leander					11	11	11	11

Warm up 4 13.45 - 13.58 Girls

Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
Bramcote	10	10	10	6				
Radford				4	10	10		
Derby Phoenix								
Carlton Forum							11	11
Hucknall & Linby								
Kimberley								
Ripley								
Notts Northern								
Nottingham Leander								