

NOVA September Sprints Meet 2026

The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

If you are aware of any withdrawals, we do ask that you email us on meets@novacenturion.co.uk by 6pm the day before the swim when we will close withdrawals to produce the start lists, this will help to reduce the number of empty lanes.

Session - 1					Warm Up: 09:00		Start 10:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	L	200 IM	Heats	61	8	10:00	00:29	00:29
102	M	200 IM	Heats	38	5	10:29	00:19	00:48
103	L	50 FI	Heats	50	7	10:48	00:10	00:58
104	M	50 FI	Heats	46	6	10:58	00:08	01:06
105	L	100 Br	Heats	48	6	11:06	00:14	01:20
106	M	100 Br	Heats	39	5	11:20	00:12	01:32
107	L	50 Ba	Heats	56	7	11:32	00:12	01:44
108	M	50 Ba	Heats	45	6	11:44	00:10	01:54
MEDLEY SKINS						11:54	00:45	02:39
Estimated Session Finish Time 12:39								

Session - 2					Warm Up: 13:00		Start: 14:00	
Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
201	L	100 Fr	Heats	86	11	14:00	00:21	00:21
202	M	100 Fr	Heats	72	9	14:21	00:17	00:38
203	L	50 Br	Heats	62	8	14:38	00:12	00:50
204	M	50 Br	Heats	37	5	14:50	00:07	00:57
205	L	100 Ba	Heats	51	7	14:57	00:17	01:14
206	M	100 Ba	Heats	41	6	15:14	00:15	01:29
207	L	50 Fr	Heats	70	9	15:29	00:11	01:40
208	M	50 Fr	Heats	59	8	15:40	00:10	01:50
209	L	100 FI	Heats	41	6	15:50	00:13	02:03
210	M	100 FI	Heats	26	4	16:03	00:08	02:11
Estimated Session Finish Time 16:11								