The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

If you are aware of any withdrawals, we do ask that you email us on meets@novacenturion.co.uk by 6pm the day before the swim when we will close withdrawals to produce the start lists, this will help to reduce the number of empty lanes.

Failure to notify us of a withdrawal in the 800/1500m Freestyle events before the cut off time above will result in a £20 fine issued to the contact that made the entry.

SATURDAY

Session - 1 -1EM260282				**Warm Up:**	**08:00**		**Start:**	**09:00**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
101	G	400 IM	Heats	32	4	09:00	00:26	00:26
102	B	200 IM	Heats	36	5	09:26	00:17	00:43
103	G	100 Fl	Heats	45	6	09:43	00:11	00:54
104	B	100 Fr	Heats	63	8	09:54	00:14	01:08
105	G	100 Br	Heats	50	7	10:08	00:15	01:23
106	B	200 Ba	Heats	46	6	10:23	00:22	01:45
107	G	50 Fl	Heats	65	9	10:45	00:11	01:56
108	B	50 Ba	Heats	43	6	10:56	00:09	02:05

Estimated Session Finish Time 11:05

Session - 2 -1EM260282				**Warm Up:**	**11:05**		**Start:**	**11:30**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
201	X	800 Fr	Heats	49	7	11:30	01:17	01:17

Estimated Session Finish Time 12:47

Session - 3 -1EM260282				**Warm Up:**	**13:30**		**Start:**	**14:30**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
301	B	200 Br	Heats	18	3	14:30	00:11	00:11
302	G	200 Fr	Heats	97	13	14:41	00:40	00:51
303	B	400 Fr	Heats	37	5	15:21	00:28	01:19
304	G	100 Ba	Heats	76	10	15:49	00:23	01:42
305	B	200 Fl	Heats	21	3	16:12	00:10	01:52
306	G	50 Fr	Heats	94	12	16:22	00:14	02:06
307	B	50 Br	Heats	24	3	16:36	00:04	02:10

Estimated Session Finish Time 16:40

PROVISIONAL

The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

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Failure to notify us of a withdrawal in the 800/1500m Freestyle events before the cut off time above will result in a £20 fine issued to the contact that made the entry.

SUNDAY

Session - 4 -1EM260282				**Warm Up:**	**08:00**		**Start:**	**09:00**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
401	B	400 IM	Heats	27	4	09:00	00:25	00:25
402	G	200 IM	Heats	72	9	09:25	00:31	00:56
403	B	100 Fl	Heats	39	5	09:56	00:09	01:05
404	G	100 Fr	Heats	87	11	10:05	00:20	01:25
405	B	100 Br	Heats	24	3	10:25	00:06	01:31
406	G	200 Ba	Heats	65	9	10:31	00:34	02:05
407	B	50 Fl	Heats	43	6	11:05	00:07	02:12
408	G	50 Ba	Heats	71	9	11:12	00:14	02:26

Estimated Session Finish Time 11:26

Session - 5 -1EM260282				**Warm Up:**	**11:26**		**Start:**	**12:00**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
501	X	1500 Fr	Heats	40	5	12:00	01:38	02:41

Estimated Session Finish Time 13:38

Session - 6 -1EM260282				**Warm Up:**	**14:00**		**Start:**	**15:00**
Event	**Sex**	**Stroke/Distance**	**Type**	**Competitors**	**Heats**	**Start**	**Total**	**Cumulative**
601	G	200 Br	Heats	53	7	15:00	00:26	00:26
602	B	200 Fr	Heats	57	8	15:26	00:24	00:50
603	G	400 Fr	Heats	60	8	15:50	00:47	01:37
604	B	100 Ba	Heats	46	6	16:37	00:13	01:50
605	G	200 Fl	Heats	18	3	16:50	00:10	02:00
606	B	50 Fr	Heats	67	9	17:00	00:10	02:10
607	G	50 Br	Heats	54	7	17:10	00:09	02:19

Estimated Session Finish Time 17:19

PROVISIONAL