The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

If you are aware of any withdrawals, we do ask that you let us know up on the timing desk **<u>BEFORE</u>** that start of the **warm up** so we can make the withdrawal correctly and therefore reducing the number of empty lanes.

SATURDAY

Session - 1 - 3EM230947

Warm Up:	08:00am -	09:00am
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Event	Sex	Stroke/Distance	е Туре	Competitors	Heats	Start	Total	Cumulative
101	В	400 Fr	Heats	22	4	09:00	00:27	00:27
102	G	200 IM	Heats	100	17	09:27	01:06	01:33
103	В	200 Ba	Heats	37	7	10:33	00:29	02:02
104	G	50 Br	Heats	135	23	11:02	00:35	02:37
COMFO	RT BRI	EAK				11:37	00:15	02:52
105	В	50 FI	Heats	94	16	11:52	00:22	03:14
106	G	100 Ba	Heats	113	19	12:14	00:49	04:03
107	В	100 Br	Heats	71	12	13:03	00:29	04:32
			40.00					

Estimated Session Finish Time 13:32

Session - 2	- 3EM230947
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Warm Up: 02:00pm - 03:00pm										
Event	Sex	Stroke/Distance	е Туре	Competitors	Heats	Start	Total	Cumulative		
201	G	400 IM	Heats	27	5	03:00	00:37	00:37		
202	В	200 Fr	Heats	70	12	03:37	00:43	01:20		
203	G	200 Br	Heats	58	10	04:20	00:43	02:03		
204	В	50 Ba	Heats	116	20	05:03	00:35	02:38		
COMFORT BREAK							00:15	02:53		
205	G	100 FI	Heats	59	10	05:53	00:22	03:15		
206	В	200 FI	Heats	10	2	06:15	80:00	03:23		
207	G	100 Fr	Heats	134	23	06:23	00:47	04:10		
208	В	50 Fr	Heats	127	22	07:10	00:28	04:38		
Estimated Session Finish Time 07:38										





The timings below are provisional based on the original entries for the meet. These are for guidance only. Once a session has started, it will run at its own pace and will not wait for missing swimmers.

If you are aware of any withdrawals, we do ask that you let us know up on the timing desk **BEFORE** that start of the warm up so we can make the withdrawal correctly and therefore reducing the number of empty lanes.

<u>SUNDAY</u>

Session - 3 - 3EM230947 Warm Up: 07:30am - 08:30am

	Wain 0p. 07.50am - 00.50am										
	Event	Sex	Stroke/Distance	Туре	Competitors	Heats	Start	Total	Cumulative		
	301	G	400 Fr	Heats	56	10	08:30	01:07	01:07		
	302	В	200 IM	Heats	68	12	09:37	00:46	01:53		
	303	G	200 Ba	Heats	63	11	10:23	00:47	02:40		
COMFORT BREAK 11:10 00:15 02:55											
	304	В	50 Br	Heats	98	17	11:25	00:26	03:21		
	305	G	50 FI	Heats	140	24	11:51	00:34	03:55		
	306	В	100 Ba	Heats	70	12	12:25	00:30	04:25		
	307	G	100 Br	Heats	122	21	12:55	00:52	05:17		
	Estimated Session Finish Time 13:47										

Warm Up: 02:15pm - 03:15pm										
Event	Sex	Stroke/Distance	е Туре	Competitors	Heats	Start	Total	Cumulative		
401	В	400 IM	Heats	12	2	03:15	00:14	00:14		
402	G	200 Fr	Heats	92	16	03:29	00:59	01:13		
403	В	200 Br	Heats	38	7	04:28	00:32	01:45		
404	G	50 Ba	Heats	149	25	05:00	00:44	02:29		
COMFORT BREAK							00:15	02:44		
405	В	100 FI	Heats	35	6	05:59	00:12	02:56		
406	G	200 FI	Heats	21	4	06:11	00:17	03:13		
407	В	100 Fr	Heats	85	15	06:28	00:30	03:43		
408	G	50 Fr	Heats	182	31	06:58	00:41	04:24		
Estimated Session Finish Time 07:39										



