



# MANSFIELD SWIMMING CLUB

## Major Oak Open Meet 2023



### Medley Skins Rules

Finalists and reserves for the medley skins events will be announced following the end of the 200IM events. The girls skins event will take place immediately after the final heat of the boys 100m freestyle in the Saturday morning session. The boys skins event will take place immediately after the final heat of the girls 100m breast in the Sunday morning session.

Finalists should report to the announcer table within 15 mins of the end of the medley heats to confirm their intention to swim in the skins finals.

On each day an announcement will be made 15 minutes before the start of the skins event requesting finalists to attend a technical briefing. Following the briefing swimmers should be present at the holding area 5 minutes before the skins event is due to start.

The first heat of each age group will be started by the normal start command. For the remaining heats swimmers will be informed when there are 15 secs to the start and the next signal will be the start. It is the responsibility of the swimmer to be ready for the start signal.

After each round the last swimmer will be eliminated. It is important that after each round swimmers do not leave the start area until their elimination has been confirmed by the referee.

In the event of a dead heat, swimmers dead heating will progress to the next heat and then two or more swimmers will be eliminated from the next round depending on the number of dead heaters in the previous round.

The start for backstroke heats will commence in the water.

Each skin will start at 3-minute intervals and the stroke for each skin will be drawn by lot by the lead referee and the stroke for each round will be drawn separately for each age group.

For example, in the first round the younger age group may be drawn butterfly but the older age group may swim one of the other strokes. The 13yrs & under age group will swim first in, each of the rounds.

While the 14yrs & over are completing their swim the second round stroke will be drawn for the 13yrs & under e.g. backstroke and 90 secs after the 14yrs & over have started their first round swim the 13yrs & under will start their second round swim on backstroke. During the second round swim of the younger age group the stroke will be drawn for the older age. This will continue through the remaining strokes in the order drawn by the lead referee.

After four rounds of skins have been swum a draw will be made to determine the stroke for the final heat. This will again be independently drawn for each age group.

The winner of the final heat will be deemed the skins winner.

All heats will be swum under Swim England regulations and technical rules. Any swimmer disqualified will be eliminated & remaining swimmers will progress to the next heat. In the event of more than one swimmer being disqualified all those swimmers will be eliminated from the next heat.