



ARNOLD SWIMMING CLUB

The Ernehale Open Meet



Rules & Information

1. This competition hosted by Arnold Swimming Club will be held under Swim England Regulations and Technical Rules of Swimming.
2. **Level 3. License No 3EM260422.**
3. The venue for the meet is Harvey Hadden Sports Village, Wigman Road, Nottingham, NG8 4PB, 0115 876 1600
4. All Events shall have heat declared winners.
5. The events are:-
 - 100m all 4 strokes all age groups.
 - 200m all 4 strokes & 200m IM all age groups.
 - 400m Freestyle and IM all age groups.
6. The age groups shall be:- **Age as at 15th March 2026.**
 - Open/Male** - 9, 10, 11, 12, 13, 14, 15, 16/Over.
 - Female** - 9, 10, 11, 12, 13, 14, 15, 16/Over.
7. The pool length is 25m, eight lanes, and will be equipped with Colorado Gen7 electronic timing, Full Colour display and anti-wave lane ropes.
8. Awards will be given to the **top six** placed swimmers in each **age group (9 to 15, 16 and Over's)** in each individual event. There will also be an overall top Open/Male and top Female award based on gala position points (award will be split for joint top result).
9. Heats will be swum with all age groups combined and swimmers seeded by entry times in with the fastest heat spearheaded. **Entries must be slower than the published upper limit cut off times for each event.** Although no qualification times, a time must be included with the entry to be accepted. Entries will be accepted on a **first come, first served basis**. If similar amounts of entries are not received for each session, the start time of the later sessions may be subject to change (earlier or later) and will be confirmed with the return of entry information via the website.
10. Should a session be excessively oversubscribed, the promoters reserve the right to close entries early, at their discretion. Over the top/side by side starts may be used at the promoter's discretion for the smooth running of the competition.
11. The entry fee is £7.00 per event. All entries **MUST** include the entrants Swim England Registration No. together with all entry fees. No entries will be accepted after the closing date or during the meet unless due to promoters' error or omission. **BACS details will be sent once entries are received. Preferred entry is via the electronic entry file, downloadable from our website.**
12. **This meet will operate as a CARDLESS MEET.**
13. To assist in the smooth running of the meet and for the best interest of all competitors, if, after the closing date you do not intend to compete in one or all the events you have entered, please help your fellow swimmers by informing us of any withdrawal.
14. All accepted entries will be confirmed upon our website.
15. Closing date for all entries is **Thursday 26th February 2026**
16. Reimbursements for unaccepted entries are to be returned via your club secretary. No refunds will be made for the cancellation of accepted entries after the published closing date.
17. There will be a secondary strobe available if needed. We must be notified with your entries if you need this.
18. Lockers are available at £1.00 each (returned).
19. Any swimmer wishing to withdraw can do so by emailing the open meet secretary with the relevant details at **ernehale@swimmingmeetresults.co.uk** no later than **Friday 13th March 2026 9:00pm**. Swimmers wishing to withdraw from an event on the day of the meet **must do so prior to the start of the warm up session in which the event is due to be swum, in the timing control room at the scoreboard end of the pool.**
20. Results will be computer processed. These will be available on the Ernehale website during the meet (connection dependant).
21. Spectator admission prices (card payments accepted):
 - Adults £7.00 for the day
 - Children*/Senior Citizens £5.00 for the day
22. Poolside passes are available to bona fide helpers supporting competing swimmers. These are priced at **£20** for the weekend (2-day pass). Poolside passes must be ordered via your club when submitting your club entries, and collected on the day of the meet from "front of house". For reasons of Child Protection, these will **not** be sold on the day. All Coaches are to be fully DBS checked and also have the Swim England Free Accreditation that is available that covers the dates of this competition. Passes are limited to 4 per club. Both the Swim England Accreditation and the Poolside pass must be displayed at all times whilst on poolside.
23. For the purposes of Child Protection, no persons, unless displaying a valid pass shall be allowed on poolside at any time other than meet officials and volunteers. In line with Swim England and Harvey Hadden guidelines, **photography on poolside is not permitted except for the Meet Licensed Official Photographer if present. No photography is allowed in the changing rooms at any time. Mobile telephones MUST NOT be used on poolside OR in the changing rooms at any time.**
24. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
25. The promoters reserve the right to delay the start of a session to allow swimmers a safe and adequate warm up.
26. Any conditions not covered in the above will be at the discretion of the promoters "**Arnold Swimming Club**".
27. Neither the organisers nor the pool management will be able to accept responsibility for loss or damage to personal property.

**Children are classed as under 12 years old*



All entries and enquiries should be posted to:
Ernehale Open Meet, 11 Brookfield Road, Arnold, Nottingham, NG5 7ER
E: ernehale@swimmingmeetresults.co.uk

Information and Results available on our meet website:

<https://www.swimmingmeetresults.co.uk/Ernehale>

EHO/2026/MC/1.2