

CITY OF LEICESTER SWIMMING CLUB
(Affiliated to Swim England East Midlands Region & Leicestershire ASA)
PRESENTS

The Leicester Open Meet 2023
(Under Swim England Regulations & Technical Rules)
This Event is licensed @ L2 (2EM231135)
by Swim England for Entry into Regional & National Championships

Event Overview

DATE:	Friday 17 th , Saturday 18 th , & Sunday 19 th November 2023
VENUE:	Braunstone Leisure Centre, 2 Hamlin Road, Braunstone, Leicester, LE3 1JN
AGE AS AT:	31 st December 2023
AGE GROUPS:	Open/Male, Female – 10 – 11/12 – 13/14 – 15/16 – 17 & Over
EVENTS:	50m – Freestyle, Backstroke, Breaststroke, Butterfly 100m – Freestyle, Backstroke, Breaststroke, Butterfly 200m – Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley 400m – Freestyle & Individual Medley
HDW:	All 50m & 400m Events
FINALS:	All 100m & 200m Events in the following Age Bands: Senior (15 & Over) & Junior (14 & Under)
AWARDS:	Medals to Top 3 in each Age Group & Junior Finals Cash Prize (1 st /2 nd /3 rd) for Senior Finals
SESSIONS:	One Session Friday 18 th Two Sessions Saturday 19 th & Sunday 20 th November
SWIM DOWN:	Separate 4 lane 25m Swim-Down pool, available at specified times
CLOSING DATE:	Monday 30 th October

8 LANE 25m COMPETITION POOL - ELECTRONIC TIMING

For more information & Club Entry Pack Visit:

Web: <https://www.swimmingmeetresults.co.uk/COLeicester/>

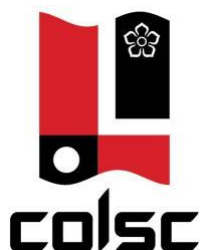
Email: entries@swimmingmeetresults.co.uk

Or: send a large stamped self-addressed envelope to:-

City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Friday 18 th November	
Session Length Max of 3hrs	
Session 1	Warm Up: 17:00 Start: 17:45/18:00
101	Female 200m Ind. Medley
102	Open/Male 200m Ind. Medley
103	Female 50m Butterfly (HDW)
104	Open/Male 50m Butterfly (HDW)
105	Female 50m Backstroke (HDW)
106	Open/Male 50m Backstroke (HDW)
107	Female 50m Breaststroke (HDW)
108	Open/Male 50m Breaststroke (HDW)
15-minute Comfort break for Officials	
109	Female 200m Ind. Medley Junior Final
110	Open/Male 200m Ind. Medley Junior Final
111	Female 200m Ind. Medley Senior Final
112	Open/Male 200m Ind. Medley Senior Final

Saturday 19 th November			
Session Length Max of 3.5 hrs per Session			
Session 2	Warm Up: 8:30 Start: 9:20	Session 3	Warm Up: TBC Start: TBC
201	Open/Male 400m Freestyle (HDW)	301	Female 400m Freestyle (HDW)
202	Female 200m Backstroke	302	Open/Male 200m Backstroke
203	Open/Male 200m Butterfly	303	Female 200m Butterfly
204	Female 100m Freestyle	304	Open/Male 100m Freestyle
205	Open/Male 100m Breaststroke	305	Female 100m Breaststroke
15-minute Comfort break for Officials		15-minute Comfort break for Officials	
206	Female 200m Backstroke Junior Final	306	Open/Male 200m Backstroke Junior Final
207	Open/Male 200m Butterfly Junior Final	307	Female 200m Butterfly Junior Final
208	Female 200m Backstroke Senior Final	308	Open/Male 200m Backstroke Senior Final
209	Open/Male 200m Butterfly Senior Final	309	Female 200m Butterfly Senior Final
210	Female 100m Freestyle Junior Final	310	Open/Male 100m Freestyle Junior Final
211	Open/Male 100m Breaststroke Junior Final	311	Female 100m Breaststroke Junior Final
212	Female 100m Freestyle Senior Final	312	Open/Male 100m Freestyle Senior Final
213	Open/Male 100m Breaststroke Senior Final	313	Female 100m Breaststroke Senior Final



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Sunday 19th November			
Session Length Max of 3.5 hrs per Session			
Session 4	Warm Up: 8:30 Start: 9:20	Session 5	Warm Up: TBC Start: TBC
401	Open/Male 400m Ind. Medley (HDW)	501	Female 400m Ind. Medley (HDW)
402	Female 200m Freestyle	502	Open/Male 200m Freestyle
403	Open/Male 200m Breaststroke	503	Female 200m Breaststroke
404	Female 100m Butterfly	504	Open/Male 100m Butterfly
405	Open/Male 100m Backstroke	505	Female 100m Backstroke
15-minute Comfort break for Officials		15-minute Comfort break for Officials	
406	Female 200m Freestyle Junior Final	506	Open/Male 200m Freestyle Junior Final
407	Open/Male 200m Breaststroke Junior Final	507	Female 200m Breaststroke Junior Final
408	Female 200m Freestyle Senior Final	508	Open/Male 200m Freestyle Senior Final
409	Open/Male 200m Breaststroke Senior Final	509	Female 200m Breaststroke Senior Final
410	Female 100m Butterfly Junior Final	510	Open/Male 100m Butterfly Junior Final
411	Open/Male 100m Backstroke Junior Final	511	Female 100m Backstroke Junior Final
412	Female 100m Butterfly Senior Final	512	Open/Male 100m Butterfly Senior Final
413	Open/Male 100m Backstroke Senior Final	513	Female 100m Backstroke Senior Final
5-minute Comfort break for Officials		5-minute Comfort break for Officials	
414	Female 50m Freestyle (HDW)	514	Open/Male 50m Freestyle (HDW)

Electronic Entry - £8 per Event
Paper Entry - £8.50 per Event



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Qualifying Times

Open/Male Lower Consideration Times						Events	Female Lower Consideration Times					
10yrs	11yrs	12yrs	13yrs	14yrs	15/Over		10yrs	11yrs	12yrs	13yrs	14yrs	15/Over
40.1	38.2	36.1	34.1	32.3	30.9	50m Freestyle	41.6	38.7	36.7	35.3	34.3	33.5
1:30.5	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6	100m Freestyle	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	200m Freestyle	3:10.8	2:56.4	2:46.9	2:43.0	2:36.5	2:32.2
5:05.0						400m Freestyle	5:20.0					
45.1	42.5	40.3	37.6	35.8	33.9	50m Backstroke	45.3	42.7	40.5	38.7	37.5	36.8
1:40.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	100m Backstroke	1:39.1	1:32.4	1:28.3	1:25.6	1:20.3	1:19.5
3:30.7	3:19.3	3:06.6	2:55.1	2:46.4	2:40.3	200m Backstroke	3:28.7	3:12.5	3:01.7	2:54.3	2:51.3	2:48.5
51.3	48.0	45.1	41.9	39.6	37.7	50m Breaststroke	51.7	48.3	45.4	43.2	41.8	40.8
2:00.0	1:45.4	1:38.9	1:32.5	1:27.1	1:23.0	100m Breaststroke	1:55.5	1:46.5	1:40.3	1:35.3	1:30.7	1:27.1
3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	200m Breaststroke	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
43.8	41.0	38.8	36.4	34.3	32.5	50m Butterfly	43.9	41.3	40.2	38.7	36.1	35.2
1:45.0	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	100m Butterfly	1:39.3	1:32.0	1:26.9	1:24.2	1:18.3	1:16.9
3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	200m Butterfly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	200m Ind. Medley	3:32.7	3:21.0	3:10.3	3:04.8	2:57.1	2:52.5
5:35.0						400m Ind. Medley	5:55.0					

**Only Swimmers who have times equal to or faster than the lower limit for that event are eligible to enter.
 Times will be taken from Swim England Rankings at the time of entry submission.**

REMEMBER – AGE MEANS AS OF 31st DECEMBER 2023





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Promoter's Conditions

- The Competition will be held under Swim England Regulations and Technical Rules of Swimming at Braunstone Leisure Centre, 2 Hamlin Road, Braunstone, Leicester, LE3 1JN.
- 25m 8 Lane competition pool with anti-turbulence lane ropes. New electronic timing with scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available online at: <https://www.swimmingmeetresults.co.uk/COLeicester/>
- 25m 4 lane swim down pool is available at specified times during the meet. Swimmers must be supervised by their coach or team manager during their warm up or swim down.
- The competition is open to registered swimmers as defined by Swim England rules: Age as at 31st December 2023.
- All participants and spectators must observe the safety precautions in operation at Braunstone Leisure Centre. Neither City of Leicester Swimming Club or Leicester City Council can be held responsible for loss or damage to participants or spectators property. Participants are advised to use the lockers in the changing village and both participants and spectators are advised to not leave their belongings unattended.
- All 50m & 400m Events are Heat Declared Winners, with medals awarded to top 3 in each age group category. The promoter has the right to restrict the number of 400m heats.
- All 100m & 200m Events have finals in the following age bands: Open/Male or Female Senior (15 & Over) and Junior (14 & Under). Finals for these events, the fastest overall eight swimmers 15 & Over and the fastest overall swimmers 14 & Under will compete in finals, with 2 reserves. There will be a cash prize for the first three places in the Senior Finals. Junior Finals will receive medals to the first three places.
- **It is the responsibility of the swimmer/club to positively accept the swimmers' place in a final.** The Promoter's decision will be final and failure to do so by the announced time will result in the place being offered to a reserve.
- **This will be a cardless meet.** No cards will be issued for this meet; draft club/swimmers' entries will be published on the competition website. It is responsibility of swimmer/entry club to check this for accuracy. Draft session times will be published on the website during the week prior to the Meet.
- Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events. It is responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race. The competition will not wait for missing swimmers and will run at its own pace.
- A secondary strobe will be available for this meet.
- The Café will be open to sale hot and cold refreshments during the meet.
- Entry times should be faster or equal to the published Lower Limit times. All entry times will be taken from Swim England Rankings at the time of submission.
- Club entries must be made by your club entry coordinator using the Sportsys Entry File found on our website. Exported entry files must be emailed to entries@swimmingmeetresults.co.uk and received by **MONDAY 30th OCTOBER 2023.**
- Electronic entries: a printout of the event entries from Sportsys, a club entry summary sheet and full payment or proof of BACS payment must be sent to the email address previously stated no more than **7 days** after the entry file has been acknowledged by the meet management team. The entry fee is **£8** per event.



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Promoter's Conditions

- Paper entries will be charged at **£8.50** per event and must be submitted using the entry form found below in this meet pack and returned to the address shown on the event overview page with the correct fee by Monday 30th October. Competitors Swim England Number must be included if using Paper Entry Form.
- All cheques should be made payable to **City of Leicester Swimming Club**. If paying by BACS then our bank details are:
Name: City of Leicester Swimming Club
Sort Code: 40-28-06
Account Number: 35175607
- Please reference your club name i.e. LO23<4 Digit club code> so we can match against your club entries.
- If an individual entry, please reference your swimmers name or SE number i.e. LO23<swimmers name or SE number> so we can match against your entry.
- The acceptance of competitors will be based on quickest times submitted by age group basis. As many heats as possible will run in the time available for the meet. The promoter reserves the right to amend the number of heats in each event depending on number of entries. Entries must be within or equal to the published Lower Limit times for each event, with times being taken from the Swim England Rankings database between 1st January 2022 and the date your entry is submitted. After your entry has been submitted, entry times will not be updated. If the meet is oversubscribed, a list of rejected entries will be made available on our website after the closing date of the meet.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- Entries will be accepted for para swimmers who hold a British Swimming Para Classification S1-S14. Classified swimmers are exempt from the consideration time requirements but must hold a time for the event they wish to enter on Swim England Rankings.
- As soon as possible after the closing date, accepted entries will be available on our website together with any rejected entries. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or will be made available on the day for collection on the days of the meet. There will be no refunds for withdrawals after the closing date.
- If events are oversubscribed; the Meet Organiser reserves the right to restrict entries. No entry will be accepted without a fully completed entry form. It is the responsibility of the clubs to ensure information is correct.
- Entry summaries, poolside pass applications and individual entries should be returned to:

City of Leicester Swimming Club

11 Brookfield Road, Arnold, Nottingham, NG5 7ER

Email: entries@swimmingmeetresults.co.uk

Website: <https://www.swimmingmeetresults.co.uk/COLeicester/>



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Promoter's Conditions

- Entry Fee – Electronic £8. Paper £8.50
- Coaches Passes - 3 Days - £20 (includes refreshments). £35 (includes refreshments and lunch). Passes cannot be purchased on the day.
- Officials: We requested that visiting clubs provide at least 1 qualified official per 10 swimmers entered. Lunch and refreshments will be provided.
- ALL PARTICIPANTS WILL BE SUBJECT TO ADHERENCE TO GOVERNMENT AND FACILITY COVID REQUIREMENTS.
- Any conditions not covered in the above will be at the discretion of the promoter.



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Club Summary & Coaches Passes Application Form

Club:		
Address:		
Telephone:		
Email:		
Name of Coaches & Team Managers using passes	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
Number of Female Electronic Entries	@ £8	£
Number of Open/Male Electronic Entries	@ £8	£
Number of Paper Entries	@ £8.50	£
Number of Coaches Passes	@ £20/£35	£
Total Amount of Club Cheque Enclosed or BACS	BACS/CHQ (Select Payment Method)	£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYTEMS PRINTOUTS or WITH ALL PAPER ENTRIES. CHEQUES MADE PAYABLE TO 'CITY OF LEICESTER SWIMMING CLUB' AND ALL FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:
 City of Leicester Swimming Club November Meet
 11 Brookfield Road, Arnold, Nottingham, NG5 7ER





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Swimmer Entry Form

(Form must be submitted for paper entries by individuals to the address shown below)
(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £8 and not £8.50 as shown and the forms do not have to be returned)

Name:	Swim England Number:
Club:	
Email:	Contact No.

Events	Please Tick if you wish to enter		
50m Freestyle		<p>All times will be taken from British Rankings at time of Entry.</p> <p>BACS Payment to: City of Leicester Swimming Club Sort Code: 40-28-06 Account No: 35175607</p> <p>Please reference LO23 and your swimmers name in the BACS reference so we can match against your entries.</p> <p align="center">i.e. LO23 <swimmer's name/membership number></p> <p>For Paper entries, please post to: The City of Leicester Swimming Club November Meet 11 Brookfield Road, Arnold, Nottingham, NG5 7ER</p>	
100m Freestyle			
200m Freestyle			
400m Freestyle			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
50m Backstroke			
100m Backstroke			
200m Backstroke			
200m Ind. Medley			
400m Ind. Medley			
Total Cost:	Total No. of Events:		



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Officials Required

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

We request that Clubs sending 10 or more swimmers to the Meet provide at least One or more Officials per session

	Please Tick box for all sessions you are available for.
Session 1 – Friday 17 th November	
Session 2 – Saturday 18 th November	
Session 3 – Saturday 18 th November	
Session 4 – Sunday 19 th November	
Session 5 – Sunday 19 th November	

Name:	
Swim England Number:	
Qualifications:	
Email Address:	

PLEASE COMPLETE AND RETURN TO:

colsofficials@gmail.com

As Soon As Possible



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