



CITY OF LEICESTER SWIMMING CLUB LIMITED

(Affiliated to Swim England East Midlands Region & Leicestershire ASA)

PRESENTS

The Leicester Open Meet 2022

(Under Swim England Regulations & Technical Rules)

This Event is licensed @ L2 (2EM221459)

by Swim England for Entry into Regional & National Championships

Event Overview

DATE:	Friday 18 th , Saturday 19 th , & Sunday 20 th November
VENUE:	Braunstone Leisure Centre, Leicester, LE3 1JN
AGE AS AT:	31 st December 2022
AGE GROUPS:	Male/ Female – 10 – 11/12 – 13/14 – 15/16 – 17 & Over
EVENTS:	50m - Freestyle, Backstroke, Breaststroke, Butterfly 100m - Freestyle, Backstroke, Breaststroke, Butterfly 200m - Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley 400m - Freestyle & Individual Medley
HDW:	All 50m & 400m Events
FINALS:	All 100m & 200m Events in the following Age Bands: Senior (15 & Over) & Junior (14 & Under)
AWARDS:	Medals to Top 3 in each Age Group & Junior Finals Cash Prize (1 st /2 nd /3 rd) for Open Finals
SESSIONS:	One Session Friday 18 th Two Sessions Saturday 19 th & Sunday 20 th November
SWIM DOWN:	Separate 4 lane 25m Swim-Down pool, available at specified times
CLOSING DATE:	Monday 31 st October

8 LANE 25m COMPETITION POOL - ELECTRONIC TIMING

For more information & Club Entry Pack Visit:

Web: <https://www.swimmingmeetresults.co.uk/COLeicester/>

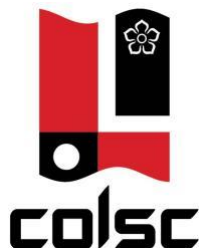
Email: entries@swimmingmeetresults.co.uk

Or: send a large stamped self-addressed envelope to: -

City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Event Order

Friday 18 th November	
Session Length Max of 3hrs	
Session 1	Warm Up: 17:00 Start: 17:45/18:00
101	Female 200m Ind. Medley
102	Male 200m Ind. Medley
103	Female 50m Butterfly (HDW)
104	Male 50m Butterfly (HDW)
105	Female 50m Backstroke (HDW)
106	Male 50m Backstroke (HDW)
107	Female 50m Breaststroke (HDW)
108	Male 50m Breaststroke (HDW)
15-minute Comfort break for Officials	
109	Female 200m Ind. Medley Junior Final
110	Male 200m Ind. Medley Junior Final
111	Female 200m Ind. Medley Open Final
112	Male 200m Ind. Medley Open Final

Saturday 19 th November			
Session Length Max of 3.5 hrs per Session			
Session 2	Warm Up: 8:30 Start: 9:20	Session 3	Warm Up: TBC Start: TBC
201	Male 400m Freestyle (HDW)	301	Female 400m Freestyle (HDW)
202	Female 200m Backstroke	302	Male 200m Backstroke
203	Male 200m Butterfly	303	Female 200m Butterfly
204	Female 100m Freestyle	304	Male 100m Freestyle
205	Male 100m Breaststroke	305	Female 100m Breaststroke
15-minute Comfort break for Officials		15-minute Comfort break for Officials	
206	Female 200m Backstroke Junior Final	306	Male 200m Backstroke Junior Final
207	Male 200m Butterfly Junior Final	307	Female 200m Butterfly Junior Final
208	Female 200m Backstroke Senior Final	308	Male 200m Backstroke Senior Final
209	Male 200m Butterfly Senior Final	309	Female 200m Butterfly Senior Final
210	Female 100m Freestyle Junior Final	310	Male 100m Freestyle Junior Final
211	Male 100m Breaststroke Junior Final	311	Female 100m Breaststroke Junior Final
212	Female 100m Freestyle Senior Final	312	Male 100m Freestyle Senior Final
213	Male 100m Breaststroke Senior Final	313	Female 100m Breaststroke Senior Final



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Event Order (continued)

Sunday 20 th November			
Session Length Max of 3.5 hrs per Session			
Session 4	Warm Up: 8:30 Start: 9:20	Session 5	Warm Up: TBC Start: TBC
401	Male 400m Ind. Medley (HDW)	501	Female 400m Ind. Medley (HDW)
402	Female 200m Freestyle	502	Male 200m Freestyle
403	Male 200m Breaststroke	503	Female 200m Breaststroke
404	Female 100m Butterfly	504	Male 100m Butterfly
405	Male 100m Backstroke	505	Female 100m Backstroke
15-minute Comfort break for Officials		15-minute Comfort break for Officials	
406	Female 200m Freestyle Junior Final	506	Male 200m Freestyle Junior Final
407	Male 200m Breaststroke Junior Final	507	Female 200m Breaststroke Junior Final
408	Female 200m Freestyle Senior Final	508	Male 200m Freestyle Senior Final
409	Male 200m Breaststroke Senior Final	509	Female 200m Breaststroke Senior Final
410	Female 100m Butterfly Junior Final	510	Male 100m Butterfly Junior Final
411	Male 100m Backstroke Junior Final	511	Female 100m Backstroke Junior Final
412	Female 100m Butterfly Senior Final	512	Male 100m Butterfly Senior Final
413	Male 100m Backstroke Senior Final	513	Female 100m Backstroke Senior Final
5-minute Comfort break for Officials		5-minute Comfort break for Officials	
414	Female 50m Freestyle (HDW)	514	Male 50m Freestyle (HDW)



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Qualifying Times

Male Lower Consideration Times						Events	Female Lower Consideration Times					
10yrs	11yrs	12yrs	13yrs	14yrs	15/Over		10yrs	11yrs	12yrs	13yrs	14yrs	15/Over
39.3	37.2	35.1	33.1	31.3	29.9	50m Freestyle	39.9	37.7	35.7	34.3	33.3	32.5
1:30.5	1:20.6	1:15.7	1:11.1	1:07.3	1:04.6	100m Freestyle	1:27.6	1:21.3	1:16.6	1:13.5	1:11.3	1:09.9
3:06.0	2:54.8	2:44.7	2:35.0	2:26.6	2:20.8	200m Freestyle	3:06.8	2:55.4	2:44.9	2:38.0	2:33.5	2:30.2
4:30.0						400m Freestyle	4:50.0					
45.1	42.5	40.3	37.6	35.8	33.9	50m Backstroke	45.3	42.7	40.5	38.7	37.5	36.8
1:40.0	1:30.5	1:25.2	1:19.7	1:15.0	1:11.5	100m Backstroke	1:38.5	1:31.0	1:25.3	1:21.4	1:19.0	1:17.1
3:26.7	3:13.3	3:02.6	2:51.1	2:41.4	2:34.3	200m Backstroke	3:28.7	3:12.5	3:01.7	2:54.3	2:49.2	2:44.8
51.3	48.0	45.1	41.9	39.6	37.7	50m Breaststroke	51.7	48.3	45.4	43.2	41.8	40.8
1:58.0	1:43.4	1:36.9	1:30.1	1:25.1	1:21.0	100m Breaststroke	1:52.5	1:43.5	1:37.3	1:32.3	1:28.7	1:27.1
3:59.0	3:42.4	3:29.2	3:15.3	3:03.9	2:55.8	200m Breaststroke	3:59.5	3:42.1	3:28.8	3:18.2	3:11.5	3:07.9
43.8	41.0	38.8	36.4	34.3	32.5	50m Butterfly	43.9	41.3	39.1	37.3	36.1	35.2
1:45.0	1:30.4	1:24.6	1:19.1	1:14.4	1:10.7	100m Butterfly	1:39.3	1:30.9	1:24.9	1:21.2	1:18.3	1:16.9
3:37.3	3:18.2	3:06.6	2:54.7	2:44.7	2:35.5	200m Butterfly	3:40.0	3:20.2	3:06.4	2:57.3	2:51.0	2:46.9
3:32.2	3:17.6	3:06.8	2:55.8	2:45.3	2:38.2	200m Ind. Medley	3:32.7	3:17.9	3:06.3	2:58.8	2:53.1	2:49.5
5:00.0						400m Ind. Medley	5:30.0					

**Only Swimmers who have times equal to or faster than the lower limit for that event are eligible to enter.
Times will be taken from Swim England Rankings at the time of entry submission.**

REMEMBER – AGE MEANS AS OF 31st DECEMBER 2022



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Promoters Conditions

The competition will be held under Swim England Regulations and Technical Rules of Swimming at Braunstone Leisure Centre, 2 Hamelin Road, Braunstone, Leicester, LE3 1JN.

25m 8 lane competition pool with anti-turbulence lane ropes. Electronic timing with scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available on-line at: <https://www.swimmingmeetresults.co.uk/COLeicester/>

25m 4 lanes swim down pool is available at specified times. Swimmers must be supervised throughout their swim down/warm up by their club coach(es) or team manager(s).

The competition is open to registered swimmers as defined by Swim England Rules: Age as at 31st December 2022.

All participants and spectators must observe the safety precautions in operation at Braunstone Leisure Centre. Neither City of Leicester Swimming Club Limited nor Leicester City Council can be held responsible for loss or damage to spectators or competitors' property. Competitors are advised to use the lockers in the changing village and not leave belongings unattended.

All 50m & 400m events are Heat Declared Winners, with an individual prize to Top 3 places. The Promoter reserves the right to restrict the number of 400m heats.

All 100m & 200m events have finals in the following age bands: Male/Female Open (All ages) and Junior (14 & Under). Finals for these events, the fastest overall eight swimmers all ages and fastest overall eight swimmer from the 14 and under age band for each event will compete in finals, plus two reserves. There will be an overall individual cash prize for the first three places in all Open Finals. Any Swimmer aged 14 & Under that place in the overall top eight after the heats are expected to swim in the Open Final.

It is the responsibility of the Swimmer/Club to positively accept the swimmers' place in a Final. The Promoter's decision will be final and failure to do so by the announced time will result in the place being offered to a reserve.

This will be a card-less meet. No cards will be issued for this meet; draft club/swimmers' entries will be published on the competition website. It is the responsibility of the Swimmer/Entry Club to check this for accuracy. Draft session times will be published on the website during the week prior to the Meet.

Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events. It is the responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race. The competition will not wait for missing swimmers and will run at its own pace.

A secondary strobe will be available for this meet.

The Café will be open for the sale of hot and cold refreshments during the meet.

Entry times should be faster than or equal to the published Qualifying times. All entries times will be taken from the Swim England Rankings when submitted/received.

Club entries must be made via **YOUR** club entry coordinator using the SportSystems Entry File found on the website. Exported Entry files must be emailed to entries@swimmingmeetresults.co.uk and received by **Monday 31st October 2022**.

Electronic entries: a printout of event entries from Sportsystems, a club entry summary form and full payment or proof of BACs payment must be sent to the email address below no more than **7 days** after the Entry File has been acknowledged by the meet management team. The entry fee is **£7.50** per event.



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Promoters Conditions

Paper entries will be charged at **£8** per event and must be submitted using the entry form within the Meet Pack and returned the address shown above with the correct fee by **Monday 31st October**. **Competitors Swim England Number must be included if using the Paper Entry Form.**

All club or cheques should be made payable to **City of Leicester Swimming Club Ltd**. If paying by BACS please state this when you submit your entries and we will then send you the payment details.

The acceptance of competitors will be based on **quickest times submitted by age group basis**. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. **Entries must be within (i.e. equal to or faster than) the published times** for each event, with times taken from the British Swimming Rankings database between 1st November 2021 and the date your entry is submitted. After your entry is submitted, entry times will not be updated. If the meet becomes oversubscribed, a list of rejected entries will be made available after the closing date for the meet.

Entries will be accepted for Para-Swimmers who hold a British Swimming Para Classification S1-S14. Classified swimmers are exempt from the consideration time requirements, but must hold a time for the event within rankings for the event they are entering.

As soon as possible after the closing date, club list sheets will be posted on the competition website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or will be available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.

If events are oversubscribed; the Meet Organiser reserves the right to restrict entries. No entry will be accepted without fully completed entry form application - times must be submitted. Any entry that is not accepted will be notified prior to the meet with a full refund. It is the responsibility of all competing clubs to ensure that the information is correct.

Entry summaries, coach poolside pass applications and individual entries should be returned to:

City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER

Email: entries@swimmingmeetresults.co.uk

Website: <https://www.swimmingmeetresults.co.uk/COLeicester/>

Entry Fee: Electronic Entry £7.50. per event (£8 for individual paper entries).

Coaches Passes: £20.00 for 2-day pass (including refreshments). £35.00 for 2-day pass (including refreshments & lunch).

Coaches' passes cannot be purchased on the day of the Meet.

OFFICIALS: Visiting clubs are requested to provide at least one qualified official per 10 swimmers entered, meals and refreshments will be provided.

ALL PARTICIPANTS WILL BE SUBJECT TO ADHERENCE TO GOVERNMENT AND FACILITY COVID REQUIREMENTS

Any conditions not covered in the above will be at the discretion of the promoter and includes any alterations to the program and warm up times as necessary.



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Club Summary & Coaches Passes Application Form

Club:		
Address:		
Telephone:		
Email:		
Name of Coaches & Team Managers using passes	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
Number of Girls Electronic Entries	@ £7.50	£
Number of Boys Electronic Entries	@ £7.50	£
Number of Paper Entries	@ £8.00	£
Number of Coaches Passes	@ £20/£35	£
Total Amount of Club Cheque Enclosed or BACS	BACS/CHQ (Select Payment Method)	£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYSTEMS PRINTOUTS or WITH ALL PAPER ENTRIES. CHEQUES MADE PAYABLE TO 'CITY OF LEICESTER SWIMMING CLUB LTD' AND ALL

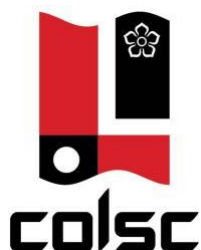
FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:

City of Leicester Swimming Club November Meet

11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Swimmer Entry Form

(Form must be submitted for paper entries by individuals to the address shown below)

(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £7.50 and not £8.00 as shown and the forms do not have to be returned)

Name:	Swim England Number:
Club:	
Email:	Contact No.

Events	Please Tick if you wish to enter		
50m Freestyle		All times will be taken from British Rankings at time of Entry. PLEASE CONTACT US FOR PAYMENT DETAILS WHEN SUBMITTING ENTRIES	
100m Freestyle			
200m Freestyle			
400m Freestyle			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
50m Backstroke			
100m Backstroke			
200m Backstroke			
200m Ind. Medley			
400m Ind. Medley			
Total Cost:	Total No. of Events:		

For Paper Submission please post:

City of Leicester Swimming Club November Meet, 11 Brookfield Road, Arnold, Nottingham, NG5 7ER

Cheques made payable to 'City of Leicester Swimming Club Ltd'



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Officials Required

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

We request that Clubs sending 10 or more swimmers to the Meet provide at least One or more Officials per session

	Please Tick box for all sessions you are available for.
Session 1 - Friday 18 th November	
Session 2 - Saturday 19 th November	
Session 3 - Saturday 19 th November	
Session 4 - Sunday 20 th November	
Session 5 - Sunday 20 th November	

Name:	
Swim England Number:	
Qualifications:	
Email Address:	

PLEASE COMPLETE AND RETURN TO:

Colsc.Meets@gmail.com

As Soon As Possible



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