



City of Leicester Swimming Club
(Affiliated to the Swim England East Midlands Region & Leicestershire ASA)

Presents

The City of Leicester Age Group Meet 2026
(Under Swim England Regulations & Technical Rules)
This event is licensed @ L3 (3EM260196) By Swim England

Event Overview

<i>WHEN:</i>	Saturday 28 th & Sunday 29 th March 2026
<i>WHERE:</i>	Braunstone Leisure Centre, Braunstone, Leicester, LE3 1JN
<i>SESSIONS:</i>	2 Saturday (Afternoon & Evening) 2 Sunday (Afternoon & Evening)
<i>AGE AS AT:</i>	31 st December 2026
<i>AGE GROUPS:</i>	Open/Male & Female – 10 – 11/12 – 13/14 – 15&Over
<i>EVENTS:</i>	50m – Freestyle, Backstroke, Breaststroke & Butterfly 100m – Freestyle, Backstroke, Breaststroke & Butterfly 200m – Freestyle, Backstroke, Breaststroke, Butterfly & Individual Medley 400m – Freestyle & Individual Medley
<i>HDW:</i>	All Events are Heat Declared Winners
<i>AWARDS:</i>	Medals to the Top 3 Swimmers in each age band
<i>SWIM DOWN:</i>	Separate 4 Lane Swim Down Pool Available
<i>ENTRIES:</i>	FIRST COME, FIRST SERVED
<i>CLOSING DATE:</i>	Friday 20 th March or when full

8 LANE 25m COMPETITION POOL – ELECTRONIC TIMING
FOR MORE INFORMATION & MEET PACKS VISIT:

Web: www.swimmingmeetresults.co.uk/COLeicester/
Email: entries@swimmingmeetresults.co.uk



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Event Order

Saturday 28 th March					
Session 1	Warm Up	13:00	Session 2	Warm Up	TBC
101	Open/Male 400m Individual Medley		201	Open/Male 200m Individual Medley	
102	Female 200m Freestyle		202	Female 400m Freestyle	
103	Open/Male 50m Breaststroke		203	Open/Male 200m Breaststroke	
104	Female 50m Butterfly		204	Female 50m Backstroke	
105	Open/Male 100m Backstroke		205	Open/Male 50m Freestyle	
106	Female 100m Breaststroke		206	Female 100m Butterfly	
107	Open/Male 100m Freestyle		207	Open/Male 200m Butterfly	
108	Female 200m Backstroke				

Sunday					
Session 3	Warm Up	13:00	Session 4	Warm Up	TBC
301	Female 400m Individual Medley		401	Female 200m Individual Medley	
302	Open/Male 200m Freestyle		402	Open/Male 400m Freestyle	
303	Female 50m Breaststroke		403	Female 200m Breaststroke	
304	Open/Male 50m Butterfly		404	Open/Male 50m Backstroke	
305	Female 100m Backstroke		405	Female 50m Freestyle	
306	Open/Male 100m Breaststroke		406	Open/Male 100m Butterfly	
307	Female 100m Freestyle		407	Female 200m Butterfly	
308	Open/Male 200m Backstroke				



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Upper Limit Times (No Faster than)

Open/Boys					Girls			
10 Years	11/12 Years	13/14 Years	15&Over	Events	10 Years	11/12 Years	13/14 Years	15&Over
28.0	25.0	22.0	21.0	50m Free	29.0	25.0	24.0	23.0
1:06.0	1:00.0	54.0	50.0	100m Free	1:08.0	1:04.0	59.0	57.0
2:14.0	2:04.0	1:56.0	1:51.0	200m Free	2:16.0	2:09.0	2:04.0	1:59.0
4:02.0				400m Free	4:12.0			
35.0	30.0	26.0	23.0	50m Back	35.0	30.0	27.0	26.0
1:11.0	1:05.0	1:00.0	57.0	100m Back	1:11.0	1:08.0	1:04.0	1:02.0
2:29.0	2:19.0	2:14.0	2:06.0	200m Back	2:29.0	2:24.0	2:18.0	2:13.0
37.0	33.0	29.0	27.0	50m Breast	37.0	33.0	30.0	29.0
1:18.0	1:13.0	1:08.0	1:04.0	100m Breast	1:19.0	1:15.0	1:10.0	1:07.0
2:47.0	2:34.0	2:27.0	2:20.0	200m Breast	2:47.0	2:35.0	2:30.0	2:25.0
33.0	28.0	24.0	22.0	50m Fly	33.0	29.0	26.0	25.0
1:12.0	1:06.0	59.0	56.0	100m Fly	1:12.0	1:09.0	1:05.0	1:01.0
2:36.0	2:24.0	2:16.0	2:08.0	200m Fly	2:38.0	2:27.0	2:20.0	2:15.0
2:34.0	2:22.0	2:14.0	2:09.0	200m I.M	2:35.0	2:26.0	2:20.0	2:15.0
4:30.0				400m I.M	4:44.0			

Only times slower than or equal to the above will be able to enter
Times will be taken from the British Rankings Database at the time of entry submission.
A Coaches time will be accepted if no time is present



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Promoters Conditions

- This Event will take place under Swim England Regulations and Technical Rules of Swimming at Braunstone Leisure Centre, 2 Hamlin Road, Leicester, LE3 1JN.
- 25m 8 Lane Competition pool with anti-turbulence lane ropes. Electronic timing and scoreboard to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available on-line at: <https://www.swimmingmeetresults.co.uk/COLeicester/>
- All Meet information and results on the days of competition will be available on our website: www.swimmingmeetresults.co.uk/COLeicester/
- A 4 Lane swim down pool will be available when racing is underway. This pool may also be used during warm up times if extra space is needed. A team manager or coach should be there to supervise their swimmers.
- This competition is open to registered swimmers under Swim England Rules. Age is at 31st December 2026.
- All participants and spectators should follow safety precautions in operation at Braunstone Leisure Centre. Neither the City of Leicester SC nor Leicester City Council can be held responsible for loss or damage to swimmers, team managers, coaches, volunteers, officials or spectators' property. Swimmers are advised to use the lockers in the changing rooms and not leave their belongings unattended.
- All Events at this meet will be Heat Declared Winners with medals being given to the top 3 in each age band.
- This is a cardless meet. No cards will be issued at this meet; provisional entries will be available on our website: www.swimmingmeetresults.co.uk/COLeicester/. It is the responsibility of the swimmer/entry club to check this for any mistakes. A timeline for the meet will be produced during the week prior to the competition taking place.
- Over the top starts will be at the discretion of the Meet Promoter and Referees to keep to the scheduled timeline for the meet. It is the responsibility of the club's team managers, coaches and swimmers to report to the marshalling area on time for their race. The competition will not wait for any missing swimmers and will run at its own pace.
- A secondary strobe will be available during this meet.
- The Café will be open during the meet to sell hot or cold refreshments. If there are any changes with this, it will be communicated in the week prior to the competition.
- Entry times shall be converted to 25m and must be equal to or slower than the time for the event being entered, and times will be taken from rankings at the time of submission. In the event of no time being available, a coach's time will be accepted. Automatic Rankings Lookup will only go back to 1st January in the year before the competition.
- Club entries must be made by your club meet manager using the SportSystems Entry file which will be found on our website. Exported entry files need to be submitted to following email addresses: colscpromoter@gmail.com & entries@swimmingmeetresults.co.uk by **Friday 20th March**. The meet is First Come, First Serve.
- For Electronic entries: a Summary sheet with number of entries, total cost of entries, number of coaches passes, total cost of coaches, team manager and chaperone passes and the entry report from SportSystems needs to be submitted with the entry file as well as proof of payment for the total cost of the entry to the email above.



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- Each event costs **£8.50** to enter electronically using the SportSystems Entry Manager. A Manual non-SportSystems entry will cost **£9.50** per event entered and needs to be returned to the address shown on the Event Overview page or via email and needs to be received by Friday 20th March 2026. **The Swimmers Swim England Registration number needs to be displayed on the paper entry form.**
- Payment for all entries will be sent via an invoice when we receive and confirm your entries. It is important that when making payments, the reference number we provide is used, so we can match this to your entries. Please do not send any payments before we have received and confirmed your entries for this meet.
- As it has been referred to, this event is on a first come first served basis. As many heats will run in the allotted time for each session of the meet. The promoter reserves the right to edit the number of heats for each event depending on entry number so each event. Entry times will not be updated after you have submitted your entries.
- The Girls category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- Entries for para swimmers will be accepted for those who hold British Swimming Para-Classifications S1-S14. The swimmer should hold a time in the events they wish to enter but a coach's time will be accepted in the event of no time.
- As soon as possible after the closing date, an updated provisional entries page will be shown on our website with the date and time of last update. We have the right to close entries early if the meet is full before the proposed closing date. Our Meet Organiser will inform you if this is the case when your entries are submitted.
- If an event is oversubscribed, the meet promoter has the right to restrict entries into that event.
- No entry will be accepted if the entry form isn't fully completed.
- It is the responsibility of all competing clubs to ensure all information is correct before and after entry submission.
- It is the responsibility of all competing clubs and individual entrants to ensure that all swimmers are supervised according to the Swim England supervision ratios (Level 2 coach **and** Team Manager). If it is not possible to comply (eg: individual entrant) please buddy up with another competing club.
- Entry summaries, coaches pass application, and individual entries should be returned to:
The Leicester Age Group Meet, 11 Brookfield Road, Arnold, Nottingham, NG5 7ER
Email: entries@swimmingmeetresults.co.uk
- Cost per event for Electronic Entry is **£8.50**, Cost per event for paper entry is **£9.50**.
- Coaches and team manager passes cost £20 (no lunch included) or £35 (with lunch included). Chaperone passes will be costed in line with spectator prices and will be paid on the day. Passes cannot be purchased on the day.
- Please ensure that coaches, team managers and chaperones download the free photographic accreditation provided by Swim England here: https://www.swimmingresults.org/member_options/ This must be shown by the individual to prove ID and collect a City Of Leicester poolside pass at the registration desk.
- Please ensure that for every chaperone pass requested, the Chaperone Application Form below is completed.
- We request that all visiting clubs provide at least 1 official to every 10 swimmers entered. Officials will be provided with refreshments and lunch.



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- Videoing swims for Higher Education is something we allow for at this Meet. Any swimmer who needs this must get an agreement from the Promoter of the event, the day before the start of the meet (Friday 27th March 2026). The Filmer will be allowed poolside at the end of their swimmer's lane before the start of their event with a filming pass.
- Anything not covered in the above, is at the discretion of the meet promoter (this includes timeline changes).



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CHECKLIST

Please help us to help you!

CLUB ENTRY

Complete

Club Meet Summary and Poolside
Pass Application

☐

Chaperone Pass Application (if
required)

☐

Club Officials Contacted

☐

Payment Made

☐

Accreditations (ID) Downloaded

☐

INDIVIDUAL ENTRY

Complete

Swimmer Entry Form

☐

Swimmer Supervision
Arranged

☐

Chaperone Pass Application (If
required)

☐

Payment Made

☐

Accreditations (ID)
Downloaded

☐

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Club Meet Summary Form and Poolside Pass Application

Club:		
Address:		
Telephone:		
Email:		
Name of Coaches & Team Managers requiring passes		DBS No:
		Safeguarding:
		DBS No:
		Safeguarding:
		DBS No:
		Safeguarding:
Number of Girls Electronic Entries	@ £8.50 / £9.50	£
Number of Open/Boys Electronic Entries	@ £8.50 / £9.50	£
Number of Coaches Passes	@ £20 / £35	£
Number of Team Managers Passes	@ £20 / 35	£
Number of Chaperone Passes (THIS DOES NOT REPLACE A COACH OR TM PASS)	@ Spectators Price	£0
Total Amount of Club Entry		£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYTEMS PRINTOUTS or
WITH ALL PAPER ENTRIES.

FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:

The City of Leicester Age Group Meet, 11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Swimmer Entry Form

(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £8.25 and not £9 as shown and the forms do not have to be returned)

Name:	Swim England Number:
Club:	
Email:	Contact No.

Events	Please Tick if you wish to enter		
50m Freestyle		All times will be taken from British Rankings at time of Entry, dating no further back than 1st January 2025 If no time is available in rankings, please provide a coaches time for your entry to be accepted. “No Time” Entries will not be accepted. <u>Please return to the following address:</u> 11 Brookfield Road, Arnold, Nottingham, NG5 7ER	
100m Freestyle			
200m Freestyle			
400m Freestyle			
50m Backstroke			
100m Backstroke			
200m Backstroke			
50m Breaststroke			
100m Breaststroke			
200m Breaststroke			
50m Butterfly			
100m Butterfly			
200m Butterfly			
200m Ind. Medley			
400m Ind. Medley			
Total Cost:	Total No. of Events:		



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Chaperone Pass Application
(Must be sent with Individual entries)

Chaperone Details

Name:	Swim England Number:
Club:	
Email:	Contact No:
SE Safeguarding Valid to:	SE DBS Valid to:
TM 1/ Chaperone course completed: YES / NO (Please Delete)	

Swimmer Details

Name:	Swim England Number:
Club:	

Please tick box for sessions you need your chaperone pass

Session 1 –	
Session 2 –	
Session 3 –	
Session 4 –	

Medical chaperones will be charged in line with the spectator fees on the day

Please return to the following address with the swimmer individual entry form:

11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Officials Required

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

We ask that Clubs sending 10 or more swimmers to the Meet provide at least One or more Officials per session

	Please tick boxes for all sessions you are available for.
Session 1 –	
Session 2 –	
Session 3 –	
Session 4 –	

Name:	
Swim England Number:	
Qualifications:	
Email Address:	

PLEASE COMPLETE AND RETURN TO:

colsofficials@gmail.com

As Soon As Possible



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