

CITY OF LEICESTER SWIMMING CLUB LIMITED

(Affiliated to Swim England East Midland Region & Leicestershire ASA)
PRESENTS

The City of Leicester Age Group Meet 2022

(Under Swim England Regulations and Technical Rules)

This Event is Licensed @ L3 ()

by Swim England For Entry into Regional & National Championships



DATE:	Friday 25 th , Saturday 26 th and Sunday 27 th March 2022
VENUE:	Braunstone Leisure Centre, Leicester
AGE AS AT:	31 st December 2022
AGE GROUPS:	Male / Female: 10 ~ 11 & 12 ~ 13 & 14 ~ 15 & Over
EVENTS:	50m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly 100m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly 200m ~ Freestyle ~ Backstroke ~ Breaststroke ~ Butterfly ~ Individual Medley 400m ~ Freestyle ~ Individual Medley
HDW:	All Events Are Heat Declared Winner
AWARDS:	To the first three in each age group band
SESSIONS:	One Friday, Two Saturday and Two Sunday
SWIM DOWN:	Separate 4 lane 25m Swim-Down Pool, available at specified times
ENTRIES:	First Come First Serve
CLOSING DATE:	11 th March 2022 or when full

**8 LANE 25m COMPETITION POOL - ELECTRONIC TIMING
FOR MORE INFORMATION & CLUB ENTRY PACK VISIT:**

Web: www.cityofleicesterswimmingclub.co.uk

Email: entries@swimmingmeetresults.co.uk

Or: send a large stamped self-addressed envelope to: -
City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER



City of Leicester
swimming since nineteen seventy eight

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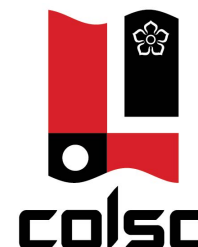
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PROGRAMME OF EVENTS

FRIDAY 25 th MARCH			
SESSION 1		WARM UP: 17:00 START: 17:45/18:00	3 hours (max)
101	Female	400m FREESTYLE	
102	Male	400m FREESTYLE	

SATURDAY 26 th March							
SESSION 2		WARM UP: 08:30 START: 09:20	3.5 hours (max)	SESSION 3		WARM UP: TBC START: TBC	3.5 hours (max)
201	Male	400m IND. MEDLEY		301	Female	200m IND. MEDLEY	
202	Female	100m FREESTYLE		302	Male	100m BREASTSTROKE	
203	Male	50m BACKSTROKE		303	Female	50m BUTTERFLY	
204	Female	50m BACKSTROKE		304	Male	50m BUTTERFLY	
205	Male	100m FREESTYLE		305	Female	100m BREASTSTROKE	
206	Female	200m BUTTERFLY		306	Male	200m BACKSTROKE	
207	Male	200m BUTTERFLY		307	Female	200m BACKSTROKE	

SUNDAY 27 th MARCH							
SESSION 4		WARM UP: 08:30 START: 09:20	3.5 hours (max)	SESSION 5		WARM UP: TBC START: TBC	3.5 hours (max)
401	Female	400m IND. MEDLEY		501	Male	200m IND. MEDLEY	
402	Male	100m BUTTERFLY		502	Female	100m BACKSTROKE	
403	Female	50m BREASTSTROKE		503	Male	50m FREESTYLE	
404	Male	50m BREASTSTROKE		504	Female	50m FREESTYLE	
405	Female	100m BUTTERFLY		505	Male	100m BACKSTROKE	
406	Male	200m FREESTYLE		506	Female	200m BREASTSTROKE	
407	Female	200m FREESTYLE		507	Male	200m BREASTSTROKE	



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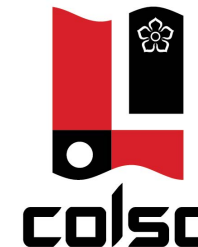
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BOYS UPPER LIMIT CONSIDERATION TIMES				EVENT	GIRLS UPPER LIMIT CONSIDERATION TIMES			
10yrs	11 & 12yrs	13 & 14yrs	15/Over		10yrs	11 & 12yrs	13 & 14yrs	15/Over
29.3	25.1	21.3	20.9	50m Freestyle	29.9	25.7	23.3	22.5
1.10.5	1:05.7	57.3	56.6	100m Freestyle	1:10.6	1:06.6	1:01.3	58.9
2:25.0	2:14.7	2:06.6	1:57.8	200m Freestyle	2:30.8	2:20.9	2:08.5	2:00.2
4:05.0				400m Freestyle	4:20.0			
35.1	30.3	25.8	23.9	50m Backstroke	35.3	30.5	27.5	26.8
1.18.0	1:10.2	1:05.0	1:01.5	100m Backstroke	1:18.5	1:10.3	1:05.0	1:03.1
2:38.7	2:29.6	2:19.4	2:14.3	200m Backstroke	2:38.7	2:29.7	2:19.2	2:14.8
37.3	33.1	29.6	27.7	50m Breaststroke	37.7	33.4	29.8	27.8
1.34.0	1:16.9	1:12.1	1:08.0	100m Breaststroke	1:34.5	1:16.3	1:12.7	1:08.1
2:40.0	2:33.2	2:27.9	2:24.8	200m Breaststroke	2:40.5	2:33.8	2:27.5	2:24.9
33.8	28.8	24.3	22.5	50m Butterfly	33.9	29.1	26.1	25.2
1.25.0	1:14.6	1:10.4	1:06.7	100m Butterfly	1:25.3	1:14.9	1:10.3	1:06.9
2:37.3	2:30.6	2:24.7	2:20.5	200m Butterfly	2:37.0	2:30.4	2:24.0	2:20.9
2:36.2	2:26.8	2:14.3	2:10.2	200m Ind. Medley	2:36.7	2:26.3	2:14.1	2:10.5
4:40.0				400m Ind. Medley	5:00.0			

Only swimmers with times equal or slower than the upper limits shown for that event are eligible to enter.

Times will be taken from the Swim England Rankings at time of submitting.

REMEMBER ~ AGE MEANS AGE AT 31st DECEMBER 2022

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PROMOTORS CONDITIONS

- The competition will be held under Swim England Regulations and Technical Rules of Swimming at Braunstone Leisure Centre, 2 Hamelin Road, Braunstone, Leicester, LE3 1JN.
- 25m 8 lane competition pool with anti-turbulence lane ropes. Electronic timing with scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available on-line at: www.cityofleicesterswimmingclub.co.uk
- 25m 4 lanes swim down pool is available at specified times. Swimmers must be supervised throughout their swim down/warm up by their club coach(es) or team manager(s).
- The competition is open to registered swimmers as defined by Swim England Rules: Age as at 31st December 2022.
- All participants and spectators must observe the safety precautions in operation at Braunstone Leisure Centre. Neither City of Leicester Swimming Club Limited nor Leicester City Council can be held responsible for loss or damage to spectators or competitors' property. Competitors are advised to use the lockers in the changing village and not leave belongings unattended.
- All events are HEAT DECLARED WINNERS.
- The promoter reserves the right to restrict the number of 400m heats.
- Individual awards for the first three places in each of the HDW events in the following age bands: 10, 11 & 12yrs, 13 & 14yrs, 15 & Over, may be collected from the designated collection point. There will also be awards for Para-Swimmers in each age band.
- **This will be a card-less meet.** No cards will be issued for this meet; draft club / swimmers' entries will be published on the competition website. It is the responsibility of the Swimmer/Entry Club to check this for accuracy. Draft session times will be published on the website during the week prior to the Meet.
- Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events. It is the responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race. The competition will not wait for missing swimmers and will run at its own pace.
- A secondary strobe will be available for this meet.
- The Café will be open for the sale of hot and cold refreshments during the meet.
- Entry times shall be converted to 25m pool length and must be faster than or equal to the published Lower Limit. All entries times will be taken from the Swim England Rankings when submitted/received.
- Club entries must be made via **YOUR** club entry coordinator using the SportSystems Entry File found on the website. Exported Entry files must be emailed to entries@swimmingmeetresults.co.uk and received by **11th March 2022**.
- Electronic entries: a printout of event entries from Sportsystems, a club entry summary form and full payment or proof of BACs payment must be sent to the email address below no more than **7 days** after the Entry File has been acknowledged by the meet management team. The entry fee is **£8.00** per event.



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- Paper entries will be charged at **£8.50** per event and must be submitted using the entry form within the pack and returned to the address shown with correct fee by **11th March 2022**. **Competitors' Swim England Number must be included if using the Paper Entry Form.**
 - All club or cheques should be made payable to **City of Leicester Swimming Club Ltd**. If paying by BACS then the bank details are:
City of Leicester Swimming Club Ltd
Sort Code: 20-45-77
Account no: 20234176
- Please reference your club name i.e. AG22<4digit club code> so we can match against your club entries and email entries@swimmingmeetresults.co.uk with your SportSystems entry reports.
- If an individual entry, please reference your swimmers name i.e. AG22<swimmer name or SE number> so we can match against your entry and email entries@swimmingmeetresults.co.uk with your entry reports.
- The acceptance of competitors will be based on a **first come served basis**. As many heats as possible will be run in the time available for the Meet. The promoters reserve the right to amend the number of heats in each event depending on entry numbers. **Entries must be within (i.e. equal to or slower than) the published qualifying times** for each event, with times taken from the British Swimming Rankings database between 1st November 2019 and the date your entry is submitted. After your entry has been submitted, entry times will not be updated.
 - Entries will be accepted for Para-Swimmers who hold a British Swimming Para Classification S1-S14. Classified swimmers are exempt from the consideration time requirements, but must hold a time for the event within rankings for the event they are entering.
 - As soon as possible after the closing date, club list sheets will be posted on the competition website, together with any information in respect of entries not accepted. All refunds will be made 'en block' to the club submitting the entries, these will be sent by post or will be available for collection by Clubs on the day. There will be no refunds for withdrawals after the closing date.
 - If events are oversubscribed; the Meet Organiser reserves the right to restrict entries. No entry will be accepted without fully completed entry form application - times must be submitted. Any entry that is not accepted will be notified prior to the meet with a full refund. It is the responsibility of all competing clubs to ensure that the information is correct.
 - Entry summaries, coach poolside pass applications and individual entries should be returned to:

City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER
Email: entries@swimmingmeetresults.co.uk
www.cityofleicesterswimmingclub.co.uk
- Entry Fee: Electronic Entry £8.00 per event (£8.50 for individual paper entries).
 - Coaches Passes: £20.00 for 3 day pass (including refreshments).
£35.00 for 3 day pass (including refreshments & lunch).
 - Coaches' passes cannot be purchased on the day of the Meet.
 - **OFFICIALS:** Visiting clubs are requested to provide at least one qualified official per session, meals and refreshments will be provided.
 - Any conditions not covered in the above will be at the discretion of the promoter and includes any alterations to the program and warm up times as necessary.

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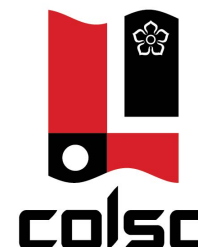
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Club Summary and Coaches Passes Application Form

Club:		
Address:		
Telephone:		
E-mail:		
Names of Coaches & Team Managers using passes		<u>DBS no:</u>
		<u>Safeguarding:</u>
		<u>DBS no:</u>
		<u>Safeguarding:</u>
		<u>DBS no:</u>
		<u>Safeguarding:</u>
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		<u>Safeguarding:</u>
Number of Female Electronic Entries	@8.00	£
Number of Male Electronic Entries	@8.00	£
Number of Paper Entries	@8.50	£
Number of Coach passes	@£20.00/£35.00	£
<u>Total Amount of Club Cheque Enclosed or BACs</u>	BACS / CHQ (select payment method)	£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYSTEMS PRINTOUTS or WITH ALL PAPER ENTRIES. CHEQUES MADE PAYABLE TO 'CITY OF LEICESTER SWIMMING CLUB LTD' AND ALL FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:

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11 Brookfield Road, Arnold, Nottingham, NG5 7ER

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**Swimmers Entry Form**(Form must be submitted for paper entries by individuals to the address shown below)**(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £8.00 and not £8.50 as shown and the forms do not have to be returned)****Name:** _____ **Swim England Number:** _____**Club:** _____**Email:** _____ **Contact No:** _____

Event	Please tick if you wish to enter.
50m Freestyle	
100m Freestyle	
200m Freestyle	
400m Freestyle	
50m Backstroke	
100m Backstroke	
200m Backstroke	
50m Breaststroke	
100m Breaststroke	
200m Breaststroke	
50m Butterfly	
100m Butterfly	
200m Butterfly	
200m Ind.Medley	
400m Ind.Medley	
Total cost:	Total no. of events _____

All times will be taken from British rankings at time of entry

BACS payments to:
City of Leicester Swimming Club
Sort Code: 20-45-77,
Account no: 20234176

Please reference AG22 and your swimmer's name in the BACS reference so we can match against your entries.

i.e. AG22<Club 4 digit code> or <swimmer's name/membership number>

@ £8.50 per event is	£ _____
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For Paper Submission please post:

City of Leicester Swimming Club November Meet, 11 Brookfield Road, Arnold, Nottingham, NG5 7ER

Cheques made payable to 'City of Leicester Swimming Club Ltd'

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OFFICIALS REQUIRED

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

Can Clubs please pass this on to all qualified officials likely to be attending the meet.

		Please Tick box for all sessions you are available
Session 1	Friday PM 25th March	
Session 2	Saturday AM 26th March	
Session 3	Saturday PM 26 th March	
Session 4	Sunday AM 27 th March	
Session 5	Sunday PM 27 th March	

Name:	
Swim England Number:	
Qualification:	
Email Address:	

PLEASE COMPLETE AND RETURN TO ASAP

Colsc.Meets@gmail.com



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